

## **Enjoy-a-Ball – sports coaching for children on Fridays at Kelsall Community Centre**

Enjoy-a-Ball is a non-competitive coaching programme that teaches girls and boys aged 3 to 9 a variety of team games and eight different ball sports - basketball, tennis, football, rugby, volleyball, cricket, baseball, and hockey. Early on, the programme focuses on agility, balance and coordination, then gradually introduces the core elements of the eight sports. Rewarded for perseverance, courage and showing team spirit, kids have fun whilst learning in a sociable environment under the guidance of a professional coach. With classes of 10 children of similar ability per session, each receives a great deal of attention and learns at their own pace.

Classes are held on Fridays at Kelsall Community Centre:

**14.40 Pre-school** (*aged 3 ½ - 4 ½, children who are due to enter the Reception year at school the following September*)

**15.40 Reception**

**16.40 Year 1**

**17.40 Year 2 / 3**

*Classes for pre-school children aged 2 ½ - 3 ½ begin in January at 13.40.*

For a free introductory session or more information, call 08452 262694 (Enjoy-a-Ball centre) or e-mail [sharon.bassett@enjoy-a-ball.com](mailto:sharon.bassett@enjoy-a-ball.com) or visit [www.enjoy-a-ball.com](http://www.enjoy-a-ball.com).